

December 13, 2019



Dear Friends of Survive and Thrive,

It is with mixed emotions that the Board of Directors of Survive & Thrive and Mike & Bonnie Lang announce that we come to the difficult decision to cease operations of Survive and Thrive.

Mike and Bonnie have poured their heart and soul into Survive & Thrive for the past decade. The organization was founded when Mike himself was facing a cancer diagnosis as a young adult and they found themselves wanting to turn having cancer into a learning experience. Mike and Bonnie facilitated the first Survive & Thrive expedition in July 2009, and since then the organization has facilitated 23 wilderness expeditions, 13 retreats and 167 film screenings/conference presentations. Survive & Thrive has touched the lives of thousands of young adult cancer survivors; inspiring them to not only survive, but thrive and live well.

Although Survive & Thrive is coming to an end, the impact and memories left behind will endure with every young adult cancer survivor who has been touched by the organization. As the Founder of Survive and Thrive, and as a pillar in the young adult cancer community, Mike's connection to the young adult cancer community will endure as he continues to focus on his academics, his digital storytelling work and his young growing family.

Over the coming weeks and months, the Board will be working to wrap up the business of the organization. We recognize the importance of having young adult cancer survivor-specific supports in the community, so will be speaking with our partners in the young adult cancer community to identify opportunities for activities facilitated by Survive & Thrive to be assumed by other organizations. We will also be planning a celebration of Survive and Thrive. Stay tuned for more details on the celebration.

Your support as a friend of Survive & Thrive over the past decade has meant so much to Mike and Bonnie and the Board of Directors. Please join us in extending our deepest appreciation and thanks to Mike and Bonnie turning what could have been the darkest time in their life into a life-changing one that has allowed so many of us to not only survive but thrive through and beyond our darkest days as young adult cancer survivors.

Thank you,

Survive and Thrive Board of Directors